

“DARE TO BUST A MOVE” for Limb Girdle Muscular Dystrophy (LGMD)

Sample Script

OPTION 1: TO FUNDRAISE

I want to thank <name> for Daring me to BUST A MOVE for everyone living with limb girdle muscular dystrophy.

Here's my best move:

**** Showcase your Best Move *** ACTION*

I dare <names> to BUST A MOVE in the next 48 hours or go to <my favorite LGMD charity website> to donate to help people like <name of person you know who is affected> who are living with limb girdle muscular dystrophy type <specify type, if known>.

Hold up sign letting people know that for more info, go to: www.LGMD-Info.org

OPTION 2:

TO GENERATE AWARENESS of LGMD

I want to thank <name> for Daring me to BUST A MOVE for everyone living with limb girdle muscular dystrophy.

Here's my best move:

**** Showcase your Best Move *** ACTION*

I dare <names> to BUST A MOVE in the next 48 hours.

Hold up sign letting people know that for more info, go to: www.LGMD-Info.org



Let's Go....Move....Dance!